



*Gold Standard High Value option choice*  
**BTEC ENGINEERING**  
**(First Award)**



**Why study...**

"Some people think that Engineering is a boys subject, but girls can do it as well. I'm really glad that I chose it. I really enjoy both the practical and theory."

*- A Former Student*

**Subject Fact File**

Lessons per week: 2.5

Assessment: 80% continual assessment and 20% online examination

Examination Dates: Jan - Jun 2019

Level of qualification: BTEC First Award  
(1 GCSE equivalent Level 1 & Level 2 - grades 9 - 1)

Subject leader: Mrs Neesam

**Course Outline**

Pupils will study two core units and one specialist unit. Core and specialist units include:

- The engineering world; This is assessed by an online examination. Pupils are expected to have a thorough understanding of engineering processes, developments in materials and technologies and sustainability.
- Investigating an engineering product; In this unit pupils will gain an understanding of the requirements of an engineered product, understand about the properties of certain materials, the processes used in engineering and quality control.
- Machining techniques; In this unit pupils will learn how to use a number of machine tools and manufacturing processes.

**Where do pupils go next?**

College courses to build on this course are available locally. Acts as a good route into the world of work, either directly or through apprenticeships or further study on the BTEC First Diploma.

**Points to note**

There is a shortage of engineers in the country. This course will allow pupils to develop knowledge and understanding needed to work in engineering. It is a mixture of theory and practical work. Only 25% of the time will be spent on practical tasks the remainder will be spent on completing assignments.

**Career opportunities**

This BTEC is useful for pupils thinking of a career in all aspects of engineering. It is a good course to follow if you are considering applying for an Apprenticeship or aiming to follow a Diploma course at College.



*Gold Standard High Value option choice*

**BTEC SPORT  
(First Award)**



**Why study...**

The course provides a superb opportunity to develop your knowledge, understanding and practical skills in Sport and the opportunity to develop it further throughout the 5 hours per fortnight.

**Subject Fact File**

Lessons per week: 2.5

Assessment: 75% continual assessment and 25% online examination

Examination Dates: Jan - Jun 2019

Level of qualification: BTEC First Award  
(1 GCSE equivalent Level 1 & Level 2 - grades 9 - 1)

Subject leader: Mr Franklin

**Course Outline**

BTEC Sport is a course designed for pupils who are interested in sports and the sports industry. It is a mixture of theory and practical sporting activities in a range of different sports. The course covers four units which include; Fitness for Sport and Exercise, Practical Sports Performance, Training for Personal Fitness and Leading Sports Activities.

**Where do pupils go next?**

BTEC National Qualifications, equivalent to A levels, available at all FE Colleges locally.

**Points to note**

Pupils considering the course must have suitable practical ability and interest in Sport activities within school. The course is both physically and mentally demanding. An enthusiastic and disciplined approach is the key to success. The PE staff will give advice on your suitability if in doubt.

**Career opportunities**

Many career opportunities are available in all areas of sport such as teaching and leisure industry.



*Gold Standard High Value option choice*  
**CONSTRUCTING THE BUILT ENVIRONMENT**  
**(WJEC Pathways Level 1 / Level 2)**



**Why study...**

"This course is really interesting. It allows me to build my own personal project. We do a lot of practical work and some theory work. The theory work is fun though and it helps you to understand more about the Construction industry."

**Subject Fact File**

Lessons per week:	2.5
Assessment:	75% continual assessment and 25% written examination
Examination Dates:	Summer 2019
Level of qualification:	WJEC Pathways Level 1 / Level 2 (1 GCSE equivalent Level 1 & Level 2 - grades 9 - 1)
Subject leader:	Mrs Neesam

**Course Outline**

Year 10:

A general introduction to the construction industry, how a building is constructed, introduction to how a house is built, setting up the building site, Health & Safety and how a building project is managed. Personal Project - Build something for yourself.

Year 11:

How the construction industry use science and maths, optional units from; Carpentry & Joinery, Painting & Decorating, Plumbing, Electrics and Brickwork.

**Where do pupils go next?**

The course provides an ideal foundation for Level 3 'specialist' courses at local colleges or for application to an Apprenticeship. It can also provide a foundation for Higher Education course.

**Points to note**

If you like a practical 'real world' approach to learning you will enjoy this course.

**Career opportunities**

A wide variety of employment opportunities within the construction industry including; bricklayer, building inspector, cabinetmaker, carpenter, concrete finisher, construction estimator, construction manager, contract administrator, crane operator, electrician, equipment inspector, exterior finisher, project engineer, heavy equipment operator, landscaper, plasterer, plumber, property developer, quality control officer, roofer, safety officer, surveyor, tiller, trades labourer and many more.



*Gold Standard High Value option choice*  
**CiDA**  
**(Certificate in Digital Applications)**



**Why study...**

These units are primarily Digital Applications. They are exciting, motivating and a revolutionary suite of ICT qualifications for real life. They provide a natural route to further study within further or higher education.

**Subject Fact File**

Lessons per week: 2.5

Assessment: 75% coursework (all electronic format) and 25% examination

Examination Dates: January 2018

Level of qualification: CiDA (1 GCSE equivalent Level 2)

Subject leader: Mr Sands

**Course Outline**

In CiDA you will study two units; DA201 Developing Web Products and DA204 Game Making. In DA201 you will sit a computer based examination in which you are expected to produce a multiple page website containing independently created graphics, working applet components and in a consistent format which meets the needs of a given target audience. In the second unit (DA204) you will develop a game of your own based around a specific scenario provided by the exam board. This will be achieved by developing your Game Maker skills, investigating existing games, planning, designing and creating your own game. This is a coursework based unit which includes a high volume of written work.

**Where do pupils go next?**

AS/A2 levels in Computing  
BTEC Diploma IT

**Points to note**

This course matches the Department for Education 'push' to develop computer programming within schools.

**Career opportunities**

The computer game industry is one of the fastest growing sectors of the economy with some games crossing over into blockbuster entertainment. The ability to use ICT is a necessity in most occupations. There are many careers available that use ICT specifically - IT support within companies, programmers, web designers and game designers etc.



*Gold Standard High Value option choice*  
**GCSE ART & DESIGN**



**Why study...**

Art offers a rich and varied range of rigorous learning opportunities for pupils. Art encourages creativity; the ability to envisage ideas, plan, bring ideas to life and assess the outcome. Art is an integral part of modern communication.

**Subject Fact File**

Lessons per week:	2.5
Assessment:	60% Portfolio (Assessed coursework), 40% Externally Set Assignment
Examination Dates:	Externally Set Assignment January - March 2019 (10 hours unaided piece of work)
Level of qualification:	1 GCSE (Level 1 & Level 2 - grades 9 - 1)
Subject leader:	Mrs Nichols

**Course Outline**

This is a broad course including practical art work and research. Pupils are encouraged to use a range of 2D and 3D processes, new media and technologies. It is a course where candidates can explore different styles of art and think in a flexible way, developing visual communication skills. Pupils can explore and develop ideas associated with one or more of the following areas; Fine Art (drawing and painting), Photography - lens-based and light-based media, Textile Design and Three-Dimensional design. Emphasis has now been placed on drawing and annotation (explanatory notes) in the new curriculum.

**Where do pupils go next?**

All local colleges offer art-based courses at A level. Leeds College of Art, Selby College and York College offer two year National Diploma courses that lead directly to University degree level courses in Art & Design.

**Points to note**

The Art GCSE is a challenging and demanding course. Pupils who choose to pursue this option should be able to demonstrate the following qualities: independence, commitment, self-motivation, organisation, time management skills and creativity.

**Career opportunities**

Art & Design is present in all aspects of our environment. This option can lead to a wide range of fulfilling careers such as Advertising, Packaging Design, Photography, Animation, Interior Design, Web-Site Design, Illustration, Architecture, Industrial Design, Product Design, Print Production, Teaching, Fashion Design and Graphic Design.



*Gold Standard High Value option choice*  
**GCSE BUSINESS STUDIES**



**Why study...**

"Business Studies is a really good subject to take at GCSE as it gives you skills for real life. I think it gives you an insight into the world of work, tells you how to set up a business of your own and even helps you to manage your finances! I really enjoy this subject and I'm really glad I took it as a GCSE."

Abbie Hamilton-Cooke

**Subject Fact File**

Lessons per week: 2.5

Assessment: 2 Examinations, each worth 50% of the GCSE

Examination Dates: Summer 2019

Level of qualification: 1 GCSE (Level 1 & Level 2 - graded 9 - 1)

Subject leader: Mr Appleyard

**Course Outline**

The course builds knowledge and understanding of how businesses operate and the decisions they have to make to be successful. It looks at 4 important areas for all businesses, whether they are small local businesses or large multinational organisations. These 4 areas are Business Operations, Human Resources, Marketing and Finance. As much as possible the course includes real world examples to illustrate how businesses start-up grow and become successful.

**Where do pupils go next?**

GCE A Level Business, Economics, Accountancy, Law.  
BTEC National Diploma in Business.  
John Leggott, New College, Selby College.

**Points to note**

A good general introduction to business, which gives learners a good grounding in the world of business and prepares them for work in any future career.

**Career opportunities**

The skills acquired on this business course will be useful in any future career, but could specifically lead to a career in marketing, accounts, recruitment, management or even starting your own business.



*Gold Standard High Value option choice*  
**GCSE DRAMA**



**Why study...**

GCSE Drama provides a varied mix of creating, performing and responding. You have the chance to be creative, build your self-confidence and work as part of a team.

**Subject Fact File**

Lessons per week:	2.5
Assessment:	60% Practical Coursework, 40% Written Exam
Examination Dates:	Summer 2019
Level of qualification:	1 GCSE (Level 1 & Level 2 - grades 9 - 1)
Subject leader:	Mrs Sampson

**Course Outline**

The subject content for GCSE Drama is divided into three components:

1. Understanding Drama: The written exam element requires you to show a thorough understanding of drama theory. You will be required to answer essay style questions using appropriate drama terminology. Due to the collaborative nature of the subject good attendance is essential.
2. Devising Drama: This element is practical working on different pieces; there is a devising log that is completed alongside. Reflecting on the skills in the lesson.
3. Texts In Practice: Pupils will study different texts and act out extracts - Pupils will develop their ability to: interpret texts, create and communicate meaning and realise artistic intention in text-based drama.

**Where do pupils go next?**

Local colleges offer Drama and Performing Arts related courses including; Theatre Studies and Performing Arts.

**Points to note**

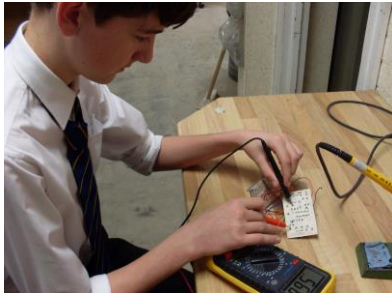
This course would suit pupils at ease with line learning (practical pieces last 15-25 mins each) and confident with performance, as well as those who possess the ability to work in groups and have regular attendance.

**Career opportunities**

Career opportunities would include acting and drama related occupations in schools, colleges and drama clubs. The course would also be ideal for anyone wishing to work with the public - working with children, police, teaching, sales, banking, hairdressing, law - as it builds self-confidence, creativity, communication and team work skills.



*Gold Standard High Value option choice*  
**GCSE ELECTRONIC PRODUCTS**



**Why study...**

"Electronics is an interesting subject and it is enjoyable. It will also be used frequently in the future and there will be a demand for jobs, therefore it is a good qualification to have."

**Subject Fact File**

Lessons per week: 2.5  
Assessment: Coursework 60%, Examination 40%  
Examination Dates: Summer 2019  
Level of qualification: 1 GCSE (Level 1 & Level 2 - grades 9 - 1)  
Subject leader: Mrs Neesam

**Course Outline**

This course builds upon the work already undertaken in lower school. Pupils are expected to produce a high standard of design work and manufacture an electronic circuit. The course involves learning the theoretical knowledge of Electronics. The examination requires pupils to use mathematical formula in addition to completing a design task. During this course pupils will use specialist ICT software to model circuits and CAD to produce circuit boards. Pupils will be required to produce a number of different circuits. You will select an assignment from a selection supplied by the examination board this will be your coursework. You will be required to design and make a circuit board together with a suitable case. A Laser cutter and 3D printer is available to assist in the manufacture of the case. Most pupils are now using Integrated circuits which can be programmed from a computer.

**Where do pupils go next?**

College courses to build on this GCSE are available locally. A good route into the world of work or to further study at A level and beyond.

**Points to note**

If you are aiming for a top grade then you will need to apply mathematical formulas to solve some theory questions. However, if you are conscientious with your coursework then this is not a major requirement.

**Career opportunities**

This GCSE is useful for pupils thinking of a career in the electrical industry (both domestic and automotive). Instrumentation is another career area which can be pursued. It also supports pupils applying for A level Electronics at College.





*Gold Standard High Value option choice*  
**FOOD & CATERING (AQA Level 1/Level 2 Technical Award)**



**Why study...**  
“The course is really useful either as a career pathway or just for healthy living. Feed yourself properly at University or at home!”

**Subject Fact File**  
Lessons per week: 2.5  
Assessment: 3 Units:  
Internal Assessment: Skills demonstration 30%, Extended Making Project 30%, External Exam: Fundamentals of Food and Catering 40%  
Examination Dates: Summer 2019  
Level of qualification: 1 GCSE equivalent (Level 1 & Level 2 - grades 9 - 1)  
Subject leader: Mrs Neesam

**Course Outline**  
This course builds upon the work already undertaken in KS3.  
Unit 1 sees pupils undertaking a number of practical projects which will cover the following 12 skills: Using kitchen equipment to prepare food, Quality control, Using the grill or an open flame, Using the hob, Using an oven, Making sauces, Making pastry, Making cakes, cheesecakes and mousses, Making a bread dough, Making pasta, Presenting food and Teamwork. All of the above will be presented in the form of a portfolio complete with photographic evidence.  
Unit 2 is the Extended Making Project which will give pupils the opportunity to work on a contextual problem in order to make a single product that will showcase a range of the technical skills learnt in Unit 1. This project will provide evidence of planning, development, testing and evaluation in a coursework style.  
Unit 3 is the external exam. Throughout the term of the course pupils will be introduced to the theory behind; meals and menu planning, cooking methods and recipes, commercial practice, careers opportunities and food and hygiene safety.

**Where do pupils go next?**  
Learners can progress to Level 3 vocational qualifications such as the Diploma in Professional Cookery or Professional Patisserie or an apprenticeship in a related area of employment.

**Points to note**  
If you are intending on choosing Food and Catering, please consider that there is a large commitment to coursework and you need to choose your other options subjects with this in mind.

**Career opportunities**  
There are several career opportunities following this type of course - in food catering, dietetics, baking, pastry making and butchery.



*Gold Standard High Value option choice*  
**HEALTH & SOCIAL CARE**



**Why study...**  
“Health and Social Care enables all learners to gain a broad knowledge and understanding of both Health and Social Care sectors. It is a vocational qualification that supports learners to develop essential employability skills.”

<b>Subject Fact File</b>	
Lessons per week:	2.5
Assessment:	Controlled Assessment and 25% - 40% External Examination
Examination Dates:	Summer 2019
Level of qualification:	Level 1 or 2 Technical Qualification (Equivalent to 1 GCSE)
Subject leader:	Mrs Athorne

**Course Outline**  
A vocational course that is designed to provide learners with an insight into Health and Social Care sectors. It is designed to create independent learners who will develop a critical approach towards people, how they develop, the elements that can impact their development and the services available to support people. We explore all life-stages: from infancy right up to the elderly. We will also analyse contemporary issues and challenges that are affecting our Health and Social Care sectors. Lessons are a mixture of discussions, independent research, trips to local care services and video clips to enrich our knowledge beyond the classroom. We also strive to get local professionals into lessons to speak to our students about their roles and experiences.

**Where do pupils go next?**  
A whole spectrum of courses are opened up from Level 3 Health and Social Care or Child Development, A levels in Sociology and Psychology at college to access courses and apprenticeships in Nursing, Midwifery, Health and Social Care sectors.

**Points to note**  
An excellent choice of course for anyone who enjoys working with others and likes to see their learning transfer to life beyond school and the world of work. Please note there is a large element of written coursework.

**Career opportunities**  
The course is suitable for anyone who is interested in working with people in any role. The work involved helps to understand people in lots of different situations. There are specific links however for pupils who want to work in a caring profession such as: Social Work, Medical Professions (from Nursing and Doctors to Paramedics), Speech and Language Therapy, Early Years, Primary or Secondary Education and Health Promotion.



*Gold Standard High Value option choice*  
**GCSE MUSIC**



**Why study...**

- Varied mix of performing, composing and listening makes it an enjoyable subject
- If you get instrument/voice lessons you will be at an advantage (performance is 30%)

**Subject Fact File**

Lessons per week: 2.5

Assessment: 30% Performance, 30% Composition, 40% Written examination

Examination Dates: Summer 2019

Level of qualification: 1 GCSE (Level 1 & Level 2 - grades 9 - 1)

Subject leader: Mr Elliott

**Course Outline**

Performance (30%); Pupils produce a minimum of 2 pieces (1 ensemble and 1 solo). These pieces are recorded throughout the course and are internally marked and externally moderated.

Composition (30%); This is assessed through a controlled assessment throughout the course. Pupils produce 2 compositions; one piece to an externally set brief and one piece chosen by the pupil.

Examination (40%); Pupils take a written examination which assesses their knowledge and understanding of music and their ability to listen to and appraise a musical piece.

**Where do pupils go next?**

Progression to AS Level Music or Music Technology or Diploma in Creative Arts.

**Points to note**

You should have an interest in music. You should enjoy playing an instrument or singing and ideally this should be supported by instrumental or vocal tuition (in school or privately) throughout Years 10 and 11.

**Career opportunities**

Performing - orchestras, military bands, pop/rock bands, conducting. Composing - classical, pop, film/television. Teaching - Primary / Secondary classes, instrumental teaching. Other - Music review, concert programmes. The skills learnt on a music degree can also lead into many diverse careers.



*Gold Standard High Value option choice*  
**GCSE PHOTOGRAPHY**  
(Lens based and Light based media)



**Why study...**  
You may be able to take 'snaps' but can you compose and 'make' a photograph? Photography has world importance and is about telling stories through visual communication and exploring photographic media.

<b>Subject Fact File</b>	
Lessons per week:	2.5
Assessment:	60% Portfolio (Assessed coursework), 40% Externally Set Assignment
Examination Dates:	Externally Set Assignment January - March 2019 (10 hours unaided piece of work)
Level of qualification:	1 GCSE (Level 1 & Level 2 - grades 9 - 1)
Subject leader:	Mrs Nichols

**Course Outline**  
This is a broad course including practical work and research. Pupils are encouraged to use a range of processes, developing a variety of photographic techniques. Pupils will work in a number of areas, potentially exploring portrait photography, landscape, still life, experimental photography, documentary photography, as well as developing practise through computer manipulated images. Annotations (explanatory notes) are an essential part of the course, accompanying practical work.

**Where do pupils go next?**  
All local colleges offer art-based courses at A level. Leeds College of Art, Selby College and York College offer two year National Diploma courses that lead directly to University degree level courses in Art & Design.

**Points to note**  
Candidates will be expected to produce much of the photographic evidence in their own time and therefore must be able to demonstrate the following character traits to succeed; Independence, commitment, self-motivation, organisation, time management skills and creativity.

**Career opportunities**  
There are many careers that photography can lead to such as fine art, fashion, advertising, editorial or social photography. Also, some professional photographers are self-employed, the remainder work for a wide range of employers including creative businesses, advertising, publishers and photographic agencies, or in the education or public sector.



*Gold Standard High Value option choice*

**MATERIALS TECHNOLOGY (AQA Level 1/Level 2 Technical Award)**



**Why study...**

"This is a course that is hands on, creative and can lead to a lot of really cool careers. I enjoyed designing and making the children's toys in Year 9 and this course is my chance to develop my skills."

**Subject Fact File**

Lessons per week:	2.5
Assessment:	3 Units: Internally Assessed: Skills Demonstration 30%, Extended Making Project 30% Externally Exam: Materials Technology 40%
Examination Dates:	Summer 2019
Level of qualification:	1 GCSE equivalent (Level 1 & Level 2 - grades 9 - 1)
Subject leader:	Mrs Neesam

**Course Outline**

This course builds upon the work already undertaken in KS3.

Unit 1 sees pupils undertaking a number of practical projects which will cover the following 12 skills: Selecting and preparing materials, Using hand tools for cutting and shaping, Forming, bending or laminating, Casting or moulding, Non-permanent joining techniques, Permanent joining techniques, Machining and the use of power tools, Quantity production, Using CAD/CAM systems, Using finishing techniques, Quality control and maintaining accuracy and Teamwork. All of the above will be presented in the form of a portfolio complete with photographic evidence.

Unit 2 is the Extended Making Project which will give pupils the opportunity to work on a contextual problem in order to make a single product that will showcase a range of the technical skills learnt in Unit 1. This project will provide evidence of planning, development, testing and evaluation in a coursework style.

Unit 3 is the external exam. Throughout the term of the course pupils will be introduced to the theory behind; materials and their working properties, processes and manufacture, joining, components, adhesives and finishes, product specification, commercial practice and careers opportunities.

**Where do pupils go next?**

The course provides an ideal foundation for Level 3 'specialist' courses at local colleges or for application to an Apprenticeship. It could also provide a foundation for Higher education courses.

**Points to note**

If you are a creative person who likes to design and make high quality products then you will love this course.

**Career opportunities**

This course will open up further study and/or opportunities in; animation, architect, automotive design, cabinet maker, CAD technician, ceramics designer-maker, design engineer, ergonomist, florist, footwear designer, furniture designer, games designer, graphic designer, illustrator, interior designer, jewellery designer-maker, medical illustrator, model maker, musical instrument maker-repairer, naval architect, photographer, product designer, prop maker, set designer, tattooist, visual merchandiser, web designer and many more.



*Gold Standard High Value option choice*  
**GCSE PHYSICAL EDUCATION**



**Why study...**

The course provides an in-depth study into the practical and theoretical components of all aspects of Physical Education. It gives you the basics of further study at Advanced and Degree Level.

**Subject Fact File**

Lessons per week: 2.5

Assessment: 40% Practical - 60% Exam assessed in three practical areas and two written exams and a coursework task

Examination Dates: Practical units assessed throughout Year 10 and Year 11, Exam Summer 2019

Level of qualification: 1 GCSE (Level 1 & Level 2 - grades 9 - 1)

Subject leader: Mr Franklin

**Course Outline**

The GCSE Physical Education course provides a comprehensive and detailed study into physical education and sport both through theory and in practice.

The theory of physical education covers aspects of anatomy and physiology, skills development, fitness, training and injury, social issues and an examination of the nature of Physical Education.

In practical work you will consider a range of sports and physical activities in great detail. Study will focus on the teaching, coaching and performance factors. For assessment purposes you are assessed in 3 areas or activities.

**Where do pupils go next?**

Courses at BTEC National Level and 'A' levels are available at College if required and the subject can be studied to degree level.

**Points to note**

Pupils considering the GCSE course must have suitable practical ability and interest in PE activities within school. The course is both physically and mentally demanding. An enthusiastic and disciplined approach is the key to success. The PE staff will give advice on your suitability if in doubt.

**Career opportunities**

The course provides an excellent basis if you are aiming to pursue a career in sport or leisure. Past pupils have gone on to become teachers, leisure centre managers and sports journalists.



*Gold Standard High Value option choice*

**FASHION & TEXTILES (AQA Level 1/Level 2 Technical Award)**



**Why study...**

"A rewarding and fun subject where you get to design products and then make them whilst working independently."

**Subject Fact File**

Lessons per week: 2.5

Assessment: 3 Units:  
Internally Assessed: Skills Demonstration 30%, Extended Making Project 30%  
Externally Exam: Fundamentals of fashion and textiles 40%

Examination Dates: Summer 2019

Level of qualification: 1 GCSE (Level 1 & Level 2 - grades 9 - 1)

Subject leader: Mrs Neesam

**Course Outline**

This course builds upon the work already undertaken in KS3.

Unit 1 sees pupils undertaking a number of practical projects which will cover the following 12 skills: Colouring fabrics, Surface embellishments, Fabric manipulation, Joining fabrics, Applying fastenings and components, Decorative and functional edge finishes, Sleeve setting, Collars, Combining materials, Using a pattern/template, Patch pockets and Teamwork. All of the above will be presented in the form of a portfolio complete with photographic evidence.

Unit 2 is the Extended Making Project which will give pupils the opportunity to work on a contextual problem in order to make a single product that will showcase a range of the technical skills learnt in Unit 1. This project will provide evidence of planning, development, testing and evaluation in a coursework style.

Unit 3 is the external exam. Throughout the term of the course pupils will be introduced to the theory behind materials and their properties and of industrial and commercial practices within the fashion and textiles industry.

**Where do pupils go next?**

College courses to build on this GCSE are available locally at Selby, Pontefract and John Leggott.

**Points to note**

If you are intending on choosing Textiles, please consider that there is a large commitment to coursework and you need to choose your other options subjects with this in mind.

**Career opportunities**

This GCSE is obviously good for pupils thinking of a career in the Creative Arts - to include Textiles, Fashion, Graphics, Photography and Art etc.



## Gold Standard High Value option choice GCSE FOOD PREPARATION & NUTRITION



### Why study...

“The course is really useful either as a career pathway or just for healthy living. Feed yourself properly at University or at home!”

### Subject Fact File

Lessons per week:	2.5
Assessment:	Controlled Assessment 50% - Written Exam 50%
Examination Dates:	Summer 2019
Level of qualification:	1 GCSE (Level 1 & Level 2 - grades 9 - 1)
Subject leader:	Mrs Neesam

### Course Outline

This course is about nutrition, food provenance and food choice. It covers food preparation and cooking techniques. Nutrition will be studied in great depth and there is a considerable emphasis on food science. The controlled assessment includes a scientific investigation and a three hour practical assessment. In addition there is a 90 minute written examination.

### Where do pupils go next?

Goole, Selby and York Colleges offer catering courses if pupils wish to further their practical skills. Sheffield Hallam University offers a range of food based degrees.

### Points to note

There is practical work in this course which is backed up by a **high level of written coursework**. Pupils on this course must be committed to providing **their own food ingredients** for the practical element as well as completing the **written coursework**.

### Career opportunities

There are several career opportunities following this type of course - in food science and product development, in catering and hospitality, in dietetics and health promotion. There are study links between this subject and others – Sciences and GCSE Health and Social Care.